

# Summer 2020 Newsletter



## **RE-ENROLLMENT PACKETS**

If you have not sent back your PRI child re-enrollment paperwork that was sent out at the end of March for an April return to PRI, please do so immediately.

We realize that due to COVID-19 closures, you may not have had contact with your childcare parents over the last several months. However you need a valid child enrollment form for each child as you reopen and intend to submit claims.

As you plan your reopening and know which children will be returning, you may want to consider scheduling appointments with individual parents to come and fill out any necessary paperwork needed for reopening including the updated PRI child enrollment.

To promote physical distancing and limit program exposure, you can set up a place outdoors where parents can sit and use a clip board to fill out required paperwork. Just remember, the EEC "New Normal" standard is both parent and provider should wear a mask during any times of contact.

# **BEGIN EARLY—BE THOROUGH**

As you reopen your FCC childcare programs, many changes will take place. One thing to consider is that meal and snack time procedures may take longer to complete due to:

- 1. Individual child handwashing techniques before and after eating.
- 2. Intensive cleaning & sanitization of food service and table surface areas.
- Possible meal shifts or separation of children, depending on your space and child capacity.
- 4. How children react to the changes you made and not being able to sit right next to their friends.

Be prepared to begin the before meal/snack cleaning early, so that your mealtimes will not be too delayed for the children. Be thorough in your cleaning.

## TRAINING REQUIREMENTS

We want to thank all of you who worked so diligently during your COVID-19 closure to get your required training completed.

If you still need to complete any of the four trainings, it is important that you do them immediately and send them in. The trainings that are due for October 2019 to September 2020 are:

- 1. Nutrition -"Vegetables & Fruits"
- Food Safety "Choking Prevention & Best Food Sanitization Practices"
- Recordkeeping "Documenting Meals"
- 4. Newly Required "Civil Rights Compliance Training for FDC Providers."



#### HELP KIDS BEAT THE HEAT!

Children under four years old don't know enough to slow down and drink fluids on hot days. Children's sweat

glands are not fully developed, so they are at a higher risk than adults for dehydration and heat stroke. On very hot days between the hours of 10 AM and 3 PM, when the sun's rays are the strongest:

- 1. Provide a well shaded area for outdoor play.
- 2. If there is no shaded area stay indoors and/or go out before or after the strong sun hours.
- When children are outside, offer water every half hour to prevent dehydration. Don't worry how much they drink, the key is that they drink frequently.
- 4. Adding fresh fruit slices (orange, lemon, kiwi) is a nice way to ensure children will drink the water.



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