



PROVIDERS FOOD PROGRAM NOVEMBER 2010



INFANT MENUS

Some providers are confused with infants when it comes to the food program. The USDA has strict rules that must be followed by every CACFP across the country. All infants must be offered the opportunity to participate in the CACFP. A parent has the right to refuse the program. Also, providers **must** offer a formula which needs to be recorded on the enrollment form. A parent has the right to refuse your formula and supply her own. Once a participating infant turns 8 months old they must be offered all components at breakfast, lunch & dinner. At snack time they must have formula or juice and once they are developmentally ready they must be offered crackers or bread in addition. Cheerios are not creditable as it is considered an adult cereal.

BREAKFAST

6-8 fluid ounces of formula¹ or breastmilk^{2,3}; and
2-4 tablespoons of infant cereal¹; and
1-4 tablespoons of fruit or vegetable or both

LUNCH

6-8 fluid ounces of formula¹ or breast milk^{2,3};
2-4 tablespoons of infant cereal¹; and/or
1-4 tablespoons of meat, fish, poultry, egg yolk, cooked
dry beans or peas; or
½-2 ounces of cheese; or
1-4 ounces (volume) of cottage cheese; or
1-4 ounces (weight) of cheese food or cheese spread;
and
1-4 tablespoons of fruit or vegetable or both

SNACK

2-4 fluid ounces of formula¹ or breast milk^{2,3}, or fruit
juice⁵; and
0-½ bread^{4, 6} or
0-2 crackers^{4, 6}

¹ Infant formula and dry infant cereal must be iron-fortified.

² Breastmilk or formula, or portions of both, may be served; however, it is recommended that breast milk be served in place of formula from birth through 11 months.

³ For some breastfed infants who regularly consume less than the minimum amount of breast milk per feeding, a serving of less than the minimum amount of breast milk may be offered, with additional breast milk offered if the infant is still hungry.

⁴ A serving of this component is required when the infant is developmentally ready to accept it.

⁵ Fruit juice must be full-strength.

⁶ A serving of this component must be made from whole-grain or enriched meal or flour.

WE WISH ALL OUR PROVIDERS A

Happy Thanksgiving

HOLIDAY CARE

In September we had several providers try to claim for Labor Day. There are several holidays throughout the year that a provider must supply a note from their day care parent stating their child was in care in order for the provider to be reimbursed. These holidays are New Years, Easter, Memorial Day, 4th of July, Labor Day, Thanksgiving and Christmas.

SCHOOL CALENDARS AND NO SCHOOL DAYS

There are so many school districts across the entire state that it is impossible for us to know every ½ day or “no school” day for public schools not to mention all the private schools. As a provider it is your responsibility to let us know when you had a child present for am snack or lunch due to no school or sickness that your will be claiming for either of those meals. Our computer system automatically deducts unless we have that information entered in the system. There are a few ways you can do this. If you want to send us your school calendar we will enter all the information into our system ahead of time which will allow your menus to be paid for those days. If you are a scan menu provider, meaning you color in the children’s attendance on the menus, you can let us know that information by returning your CIF form with your menus. Your CIF form is the paper you receive each month with the names of all the children enrolled in your program. At the bottom of the page there is a place to write non-school days. Last, if you are an internet provider, you can use the school out or sick column next to where you check off attendance. This allows you to automatically get paid. If you are deducted you have 5 days to contact the office concerning your error and to ask for an adjustment.

MENUS

When you are writing your menus or recording them on-line it is important that you be very specific. As you are aware, “meal in a pot” or combination meals can only count for 2 components. Also providers are listing Mozzarella Cheese, pizza crust and then record peppers, pineapple, broccoli, all of which are items that are used on pizza. It is important it you served these separately on the side that you write side dish “SD” next to the item. For internet providers you need to write in the comment box directly under the food anytime you need information about that meal to get back to the office. We do read all the comments. If you do not see the comment box, you need to download minute menu to your desktop or check for updates. The main office can help you with both of these.