



## PROVIDERS FOOD PROGRAM MARCH 2008



Thank you to all our providers that were patient during our move in February. In terms of the actual move, it went relatively smoothly with a few little bumps along the way. Please remember that our toll free number has remained the same

**1-800-487-9190**

The new office number is **781-939-9292**.

Remember to mail menus, enrollments and trainings to our new address.

**Provider Resources Inc.  
Providers Food Program  
800 West Cummings Park  
Suite 3100  
Woburn, MA. 01801-6355**

### REIMBURSEMENT

Please remember that food reimbursement monies are issued from the Federal Government to the state of Massachusetts than it is issued to the food programs. There is no way to know when the funds will arrive, but we will keep you informed by e-mail. We have sent out a couple of e-mails in January and February and hopefully you received yours. If you wish to be added to the e-mail list, please send an e-mail to [jill@providerresources.org](mailto:jill@providerresources.org) and place your **provider ID#** in the subject line.

### PROVIDERS ON THE NORTHSORE

Donna Greenlay Field Supervisor, phone number has been changed. She can be reached in the main office at 781-939-9292 ext. 224.

### THERMOMETERS

Providers are required to have thermometers in both their refrigerator and freezer.

### LOOKING FOR PICTURES

Do you have cute pictures of your day care children? We are looking for pictures to decorate our new office walls. Pictures can be sent to [Susan@providerresources.org](mailto:Susan@providerresources.org). If your picture is chosen, the child's parent will need to sign a release form.

### DID YOU KNOW?

Each month as we read over all the menus that come in, we find providers that have been with us for a long time start claiming non-creditable foods or forget major rules. Let's review some of the items that we have to disallow.

1. Sweets such as cookies, doughnuts, pop tarts, cereal bars, are high in sugar and can only be served twice a week.
2. Pudding- is not creditable unless it is homemade bread or rice puddings, both of which are considered a sweet and can only be served for snack.
3. Popcorn- not creditable
4. Jello- must contain fruit in order to be creditable and the type of fruit must be written.
5. Eggs at breakfast are fine, except a bread or bread alternate must also be listed along with their fruit/vegetable and milk.
6. Cereal bars- Not allowed at breakfast. They are considered a sweet.
7. Juice must be 100%
8. Soy Milk is not creditable unless we have a Doctor's note on file.
9. Potato is a Vegetable. This includes all types of potato's whether they are mashed, baked, French Fries, Potato Puffs.
10. Juice at mealtimes is really a gray area. Although it is creditable, it is filling the child up with extra sugar and fluid which will interfere with their meal. Try to serve juice only at snack time if at all.
11. **Pizza- Can only count as 2 components.** The Cheese and any meat count as your Meat /Meat Alternative, the Crust as your bread. You must serve two Veggies and Fruits that are not on the pizza such as carrot sticks and apple wedges.
12. Macaroni and Cheese must be homemade
13. Two fruits or vegetables at snack time are a no-no. Another component must be added to make the snack complete.
14. Ice Cream is not creditable
15. Yogurt is not creditable on the baby menus regardless if it is baby yogurt.
16. Combination meals (ex. Chicken & rice) for infants are not creditable. Each item must be served separately.
17. Formula or breast-milk must be listed till the infant turns one unless we have a doctor's note.