

# PROVIDERS FOOD PROGRAM

## JULY 2010

We hope you are all having an enjoyable summer. Just a reminder- if you plan to be out of the house during your normal meal or snack time please let the office know. Field trips and playground visits are wonderful for the children. By letting us know when you will not be home or are closed for vacation, it helps the monitor when scheduling their visits for the day. We do have a line dedicated just for not home or vacation messages 781-287-1464.

Also with summer vacations, if you close your day care before the end of the month for vacation, please mail or submit your menus on the last day that you do day care for that month. This way you won't have to worry about missing out on the first bill.

### WHAT TO LOOK FOR THIS SUMMER

It is the time of year to renew tier 1 status and mixed homes. Income eligible paperwork was sent out in June to any provider that is:

- Currently Tier 1 based on their income.
- Currently a mixed tier home.

If you didn't receive your packet in the mail, or you feel that either you or your day care parents might qualify, call Donna Greenlay at 781-939-9269.

August will be re-enrollment time. We will be sending you out two packets of identical information. Each packet will contain an enrollment for every child presently in your care. Every day care parent will need to read over their enrollment(s) and make any necessary corrections. If the child will be in Kindergarten or school full time by Sept. 1, 2010 please be sure that information is also on the enrollment.

Remember to fill out the enrollment to show their normal day care hours. For school age children fill out the enrollment to show the hours they will be in care on **non-school days** and also complete the section for their school hours. **IMPORTANT-** the parent must sign both sets of enrollments. Place your copy in your folder and mail our set back to us.

In September any provider that is currently approved to claim evenings, weekends, or double sessions will need to reapply for the upcoming year. Please keep in mind that the new EEC regulations state that a provider may not work more than 12 hours in 1 day. If you currently work more than 12 hours you will need to show that you have an approved assistant.



Frozen Flower Pops

When your kids are wilting on a hot day, these fruity flowers will perk them right up.

#### Ingredients

- Fresh pineapple
- Watermelon
- Green apple

#### Instructions

1. Make the petals by cutting notches in a 1/2-inch-thick fresh pineapple ring, and then place a watermelon ball in the center.
2. For a leaf, skewer a slice of green apple, then push the skewer stem into the pineapple. Place the flower on a wax-paper-covered tray, cover with plastic wrap, and freeze for about 1 hour.

Don't forget to add a 2<sup>nd</sup> component to make your snack complete. Please remember not all activities are suitable for children of all ages. Please use your discretion when selecting activities/crafts for the children in your care.

From Family Fun On-line website

<http://familyfun.go.com/summer/summer-recipes/summer-snacks-treats/frozen-flower-pops-906859/>

### Strawberry Yogurt Popsicles

#### Ingredients:

- 2 cups fresh (chopped) or frozen strawberries
- 2 cups low fat vanilla yogurt
- 8 small paper cups
- 8 wooden sticks

#### Directions:

1. Combine strawberries and yogurt. Mix well.
2. Fill cups with mixture. Cover cups with plastic wrap or tin foil.
3. Insert a stick through the plastic wrap or tin foil.
4. Freeze popsicles until firm.
5. Gently tear away paper cup from frozen yogurt popsicle before eating.
6. Makes 8 popsicles

**Don't forget to add a 2<sup>nd</sup> component to complete your snack.** Taken from the DLTK website <http://www.dltk-kids.com/recipesdb/viewcategory.asp?cid=39>