



PROVIDERS FOOD PROGRAM AUGUST 2010



THE FOLLOWING WAS SENT TO US BY EEC.

Help EEC Grow the Early Education and Care Workforce! Register today at <https://www.eec.state.ma.us/PQRegistry/>

“Over 3700 early education and care educators in family child care, center based and out of school time have records in the registry and more are added every day! ”

If you are currently working in early education or out-of-school time in an EEC-licensed center-based program or family child care home in Massachusetts, you will need to register to comply with the regulations issued in January 2010. Educators, including assistants, who work with infants, toddlers, preschoolers, or school age children in EEC-licensed settings are required to register by September 1, 2010. EEC is also asking educators in programs that are not subject to EEC licensure but that are participating in EEC's Quality Rating Improvement System (QRIS) pilot register by that date.

Please visit EEC's Professional Qualifications Registry at <https://www.eec.state.ma.us/PQRegistry/> to register. Please note that being certified by EEC as a teacher, lead teacher, or director or applying for EEC certification does not mean that you are registered. Thank you for helping grow the early education and care workforce.

REIMBURSEMENT RATES FOR JULY 1, 2010- JUNE 30, 2011

BREAKFAST		LUNCH AND DINNER		SNACK	
TIER 1	TIER 2	TIER 1	TIER 2	TIER 1	TIER 2
1.19	.44	2.22	1.34	0.66	0.18

TRAININGS

Have you sent in your trainings? Remember by September 30, 2010 you must complete 6 hours of training which is a CACFP requirement. Since last October we have passed out Record-keeping, Food Safety and Nutrition trainings. Remember you will not be able to have your October claim processed till all your trainings are in.

RE-ENROLLING YOUR DAY CARE CHILDREN

This is the time of year that every child in your day care needs to re-enroll. The last week of August, you will receive a large envelope containing your re-enrollment packets. It will contain 2 packets. Please have your day care parents check their child's enrollment to ensure all information is correct. If not, have them make all necessary corrections and additions on both copies and sign and date the bottom of the form and return the office copy by September 15th. Any child that is not re-enrolled will be removed from the program as of September 30th.

Surprise the children with these healthy colorful smoothies.

Green Slime Smoothie

Ingredients

- 2 cups spinach
- 2 cups frozen strawberries
- 1 banana
- 2 tablespoons honey
- 1/2 cup ice

Directions

1. Place the spinach in the freezer until frozen, at least 1 hour.
2. Combine the spinach, strawberries, banana, honey, and ice in a blender. Blend until smooth. Serve immediately.

Yields 4 cups.- For claiming purposes a 1/2 cup counts as 1 fruit /veg. you need to add a 2nd component.

Groovy Green Smoothie

Ingredients

- 1 banana, cut in chunks
- 1 cup grapes
- 1 (6 ounce) tub vanilla yogurt
- 1/2 apple, cored and chopped
- 1 1/2 cups fresh spinach leaves

Directions

1. Place the banana, grapes, yogurt, apple and spinach into a blender. Cover, and blend until smooth, stopping frequently to push down anything stuck to the sides. Pour into glasses and serve.

Yields 2 cups.- For claiming purposes a 1/2 cup counts as 1 fruit /veg. you need to add a 2nd component.